

Message

From: DE BEGER, Kathryn (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST) [/O=MAIL/OU=NHSFB02/CN=RECIPIENTS/CN=UKL2VKEA]
Sent: 25/04/2017 15:14:42
To: LETBY, Lucy (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST) [iletby@i&s]
Subject: RE:

Remember what Sue and Alison said, it is not about you, they just state clinical concerns. I know it's hard, but you mustn't over think things.

All your feelings are normal in this very stressful situation, you will be a feeling a mixture of thoughts and emotions, which again is all very normal, but let's try to keep them all in check, however hard that is, as it will be better in the long term.

Kathryn

From: LETBY, Lucy (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Sent: 25 April 2017 16:07
To: DE BEGER, Kathryn (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Subject: RE:

Thank you.

I feel as though this must be my fault and maybe I have done something wrong to the babies and blame myself – do you think that's normal?

From: DE BEGER, Kathryn (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Sent: 25 April 2017 15:55
To: LETBY, Lucy (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Subject: RE:

Hi Lucy

Yes, lets meet up after your team meeting, come down when you are ready. Or if you don't want to attend the team meeting come at 1pm.

I understand why you are feeling like you are, but you have all the reassurances that the Execs and us support you returning to NNU and that is where you belong, and we need to hold onto that.

Let's talk on Thursday.
Kathryn

From: LETBY, Lucy (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Sent: 25 April 2017 15:48
To: DE BEGER, Kathryn (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Subject: RE:

Thank you.

Saturday was very interesting thank you – a Diabetes conference / insulin pump roadshow. Tomorrow I am going to shadow a nurse on PICU.

I don't want to be here at all at the moment, I don't feel like I 'belong' anywhere or that I am of any use. Can I talk to you on Thursday before the meeting please? I have the team meeting 13-1400.

Lucy

From: DE BEGER, Kathryn (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Sent: 25 April 2017 15:41
To: LETBY, Lucy (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Subject: RE:

Hi Lucy

Yes, I have blocked out 4.30 in my diary on Thursday, and happy to attend with you.

I think going to Alder Hey is a good idea, it will be something positive. How was Saturday, didn't you go to an event there? I think you should go to Alder Hey regularly, it will give you a little break from the stress here.

I did receive the amended letter, Hayley brought it to me earlier, and yes it has been made clear that it is a management instruction, which is what we thought, and understandably this is very hard for you, and we are waiting for progress once more.

Let's see what the meeting on Thursday brings.

Hope you have a good day tomorrow, happy to meet up Thursday before the meeting if you want to.

Kathryn

From: LETBY, Lucy (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Sent: 25 April 2017 15:21
To: DE BEGER, Kathryn (COUNTESS OF CHESTER HOSPITAL NHS FOUNDATION TRUST)
Subject:

Hi Kathryn

Will you be around on Thursday please?

I'm not having a good week. I am going to Alder Hey tomorrow, I don't want to be here.

Did you read the amended minutes? So it is a management Instruction which is disappointing.

Lucy