

# Services for children and young people

18 year olds for self-harm related issues, attempted suicide or for drug or alcohol related issues that were reported to the liaison health visitor. This highlighted any key trends, risks or issues and as well as any training or resource issues.

- Figures for quarter one to three 2015-2016 indicated that 292 attendances were recorded for self-harm related issues and/or attempted suicide and 52 for drug or alcohol related issues. All children and young people who attended with self-harm or suicidal ideation were admitted to the children's ward; 16-18 year olds were assessed in A & E and referred on as appropriate.

## Mandatory training

- All staff attended trust induction when they started work at the hospital and new nursing staff within the children's unit received support from the practice development lead to achieve competencies with medical equipment.
- Staff received training in areas such as infection prevention, medicines management, information governance and fire training. Training was delivered online as well as face to face.
- The trust target for mandatory training was 95%. Records showed that training completion rates among staff in the reporting unit for children were 100% for medical and dental staff and 98% for nursing and midwifery registered staff. Additional clinical services attended either full or half day and attendance rates were 98% and 50% respectively. Administrative and clerical staff and estates and ancillary staff required half-day training and attendance rates were 100%.
- Staff reported receiving an email reminder when training was due and the practice development lead within the children's unit kept a database and supported staff attendance.
- Conflict resolution was not identified as mandatory for all staff on the children's unit however all neonatal staff were scheduled to attend. We were told the decision was based on manager's discretion.

## Assessing and responding to patient risk

- The trust used Paediatric Early Warning Scores (PEWS) to monitor a child's condition. This included observation

of the patient such as pulse and respiratory rate. If a child's condition deteriorated, the score for the observations increased and gave an indication that intervention maybe required.

- Monthly monitoring of care metrics took place on the children's unit. This is a standard of measurement for nursing care, which can be monitored against agreed standards. Appropriate escalation of patients using the PEWS was one of the standards and total scores for November 2015 was 100%, December 2015 was 90% and January 2016 was 100%.
- Of the records reviewed, a PEWS charts was not present in one case and one record did not have documented action taken when appropriate.
- Care metrics recorded monthly on the neonatal unit included infection control and privacy and dignity, pain management and patient observations and total scores for November 2015 was 100%, December 2015 was 99% and January 2016 was 100%.
- Managers told us that there was not always a member of nursing staff on duty with Advanced Paediatric Life Support (APLS) on the children's unit. However all Advanced Paediatric Nurse Practitioners (APNP) had completed APLS training and one APNP was on duty in the Assessment unit between 8am-9pm, seven days per week.
- Data from the trust showed that in October 2015 65% of shifts had APLS trained nurses on duty, in November 2015 this was 62% and in December 2015 the figure was 64%. This meant that there was no member of nursing staff on night duty with APLS on a regular basis however; managers told us onsite medical staff provided support.
- All hospital consultants are APLS trained (7); all registrar level doctors (7wte) and also a number of the SHOs are trained. Seven nursing and midwifery registered staff had completed APLS training, however there was funding for four nurses to be trained per year and plans were in place for all band 5 staff and above to attend.
- All staff band four and above were trained in Paediatric Immediate Life Support (PILS) and new staff attended this course within six months of commencing with the trust.