Signature: 2023

Mother Q

I didn't even know that Child Q had a collapse, it was only when the Police told me that I knew and he was one years old at this point. I was then told a nurse had been arrested for attempt murder.
It was the not knowing which was so hard, I didn't know for ages what she had done to Child . Once I was told what had happened it made it more real for me but it was also a relief, as we wanted to know from the start what had happened and it was difficult to process when we didn't know what happened. I feel like I have been living in limbo for the past 6 years not knowing and wondering what has happened.
In court, it feels so surreal to actually hear Child a 's name being said. I was sat in court listening about Letby's mental health, well what about my mental health or Child a 's mental health when he finds out what she has done to him.
I struggle with my mental health anyway, I&S then I had the joy of naving I&S baby but it was tainted by this. I feel like when can I just enjoy my life, it's just trauma after trauma.
This has left me with massive anxiety with a lot of health professionals, [I&S
I&S Over the years the slightest thing with
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Child Q has caused me to panic, it helps now that he is slightly older he can express his needs more. Even now, if ever I have to go into the hospital I struggle breathing, I don't want to be in that building but I
have to. I have to do my own research if I'm told things by medical professionals because my trust for
them has totally gone now. I am in constant state of worry and panic, I'm hyper vigilant with him and it is so draining for me.
Child Q is my I&S child and I didn't plan on having any more children, but after all of this I definitely don't want anymore it would be too terrifying for me to go through.
This has also been really hard on my other children, I&S They did not have their mum at nome with them for ten weeks, they had no quality time with me. I&S

RESTRICTED

Signature witnessed by: